

## **Camping Essentials**

- Tent
- Sleeping bags
- Sleeping Pads/mattress
- Sleep place for baby - Pack-n-play, travel bassinet, etc
- Bedding for baby - sheet, pillow (optional), blanket (optional)
- Headlamps and spare batteries
- Extra water or a water purifier
- Sunscreen
- Camping chairs
- Pocket knife or multitool
- Bug spray
- Toothbrush and toothpaste (for you and your child)
- Toilet Paper
- Soap
- Feminine hygiene items
- Towels

## **Clothing**

- Extra onesies
- Extra pants/shorts
- Extra shirts
- Extra socks
- Sleeping clothes (onesies or pajamas)
- A jacket
- Booties or good shoes
- Hats - sun hats or warm hats depending on the weather
- Swim suits (optional)
- Swim diaper (if applicable)
- Gloves or mittens (if applicable)

## **Baby Essentials**

- Diapers
- Diaper bags or extra plastic bags
- Wipes, washcloths, baby towels
- Toys (preferably plastic)
- Bibs
- Sippy cups

## **Medical supplies**

- Allergy meds (Benadryl or other antihistamine)
- Tylenol
- Syringe for medicine
- Write down the dosage for your child's age/weight
- Nasal bulb
- Vitamins (optional)
- Anti-itch cream
- Diaper Cream
- First aid kit
- Special medicine/care equipment \_\_\_\_\_

## Food

- Bottles and cleaning items for them
- Formula (optional)
- Breakfast for \_\_\_\_ days
- Lunch for \_\_\_\_ days
- Dinner for \_\_\_\_ days
- Snacks (bring plenty!)
- Drinks besides water (juice boxes for kids, soda or adult beverages for the parents, etc.)
- Stove for cooking and extra fuel
- Pots/pans for cooking
- Plates
- Bowls
- Cutlery (forks, spoons, knives)
- Paper towels
- Booster seat (optional)
- Thermos (optional for midnight feedings)
- Cooler
- Ice
- Dish soap, sponge, wash basin
- Coffee or Tea
- Coffee maker

## Baby Extras

- A baby comfort item (blanket, stuffed animal, or "lovey")
- Baby carrier (for hiking)
- Wagon
- Laptop or Tablet (optional for bad weather)
- Swimming Equipment - floaties, life vest, toys
- Portable training potty
- Changing mat
- Stroller

## Camping Extras

- Rope
- Carabiners
- Map and compass
- Bear bag/canister
- Bear spray
- Trash can or extra trash bags
- Camera
- Entertainment - book, deck of cards, etc.
  
- Umbrella or canopy to block the sun
- Bug net if not using bug spray

## Your Own Write-in Items

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_